

PATIENT INFORMATION

Dear Patient:

Welcome to the office of Teresa Tsui, ND. This letter is to inform you of some of the things that you can expect during a typical visit.

1. Conditions that Naturopathic Medicine Treats

As a naturopathic doctor, I am trained as a primary health care provider. This means that naturopathic medicine, using non-invasive treatments, can address chronic and acute conditions in people of all ages. If you are unsure about a health-related issue we can discuss it during your visit.

2. It takes time to get better.

You may be a patient who has spent many years with chronic medical issues unsolved by conventional medicine. You may be receiving positive and necessary treatment from one or more medical doctors or other health care provider. You may be feeling well and want to explore natural treatments to further improve your health. It is important to realize that it has taken time for you to feel this way and it will take time to feel better. It is however, not unusual for patients of naturopathic medicine to note improvements within the first few months. In general however, to give yourself a timeline, you can assume one month of treatment for each year you have noticed this issue before significant changes are noticed.

3. Your participation is important.

When patients become partners they begin to feel better sooner. The more you are able to participate in your own care, the more likely that the benefits will be longer lasting.

4. Your appointment is longer.

Your first appointment is 60-90 min. This time allows for us to fully discuss your concerns, lab tests and do a complaint-oriented physical exam.

Your second and subsequent appointments are 30-45 minutes. Typically, the treatment plan is prescribed and discussed during the second visit and modified as required throughout treatment time.

5. Naturopathic Medicine Costs and Coverage

Visit type	Duration of visit	Adult rate (19 years or over)	Child ¹ , adolescent ¹ , student ² , senior ³ rate
Initial visit	60-90 min	\$170	\$107
Follow-up visit	30-45 min	\$80	\$53

All fees include HST

Teresa Tsui, MSc, ND

www.teresatsuind.com

Integrated Healthcare Centre

1. Children and adolescents are 18 years or under.
2. Students may be any age. To be eligible for the student rate, you are to bring a valid student card or registration letter issued by a college, university or other post-secondary institution.
3. Seniors are individuals 65 years and over.

Your visit is *not* covered by OHIP but may be covered by some extended health care plans. Our office accepts payment in cash, cheque, and debit. We do not accept credit cards at this time.

6. Rescheduling/cancellation policy

Kindly provide at least one business day's notice by telephone if you need to reschedule or cancel our appointment. A late cancellation fee will be applied for appointment changes made with less than one business day's notice. Late cancellation visits will be charged the full visit fee.

7. Lab Tests

To enable a greater understanding of your current health condition, I recommend that each patient bring in copies of their current lab tests. A copy will be made for your file to monitor your progression. Please note that this office is not currently set up to do PAPs or blood tests. If these tests are necessary, you will be referred to an appropriate lab.

I look forward to working with you to achieve your health goals.

Yours sincerely,

Teresa Tsui, MSc, ND
Naturopathic doctor

I have read and agree to the policies and procedures mentioned above.

Patient's Signature: _____

Date: _____

Witness' Signature: _____

Date: _____